

## CAPABILITY

First Workshop  
May 7-9, 2007  
Trolleholm Castle

Jörg Schmidtke, Hannover, Germany

Translating genetic tests from research into practice in  
Germany:  
Cascade screening for hereditary nonpolyposis colorectal  
cancer – a model approach

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Fitting new model approaches into a changing healthcare  
system –  
Why and how?

Tab. 2: Different models/types of health care systems

	<b>Financing</b>	<b>Service provision</b>	<b>Regulation</b>	<b>Country examples</b>
<b>National Health Service</b>	Public: taxes according to income (direct taxes) and consumption	Public providers	Dominating regulation mechanism: hierarchical, planning and tight control by the state	Finland, Italy, Portugal, Spain, Sweden, UK, Serbia/Montenegro
<b>Social Insurance System</b>	Public: contributions according to income	Private and public providers	Dominating regulation mechanism: collective bargaining, legal framework and some control by the state	Czech Republic, France, Germany, Lithuania

source: Grimmeisen and Rothgang

## Germany:

- genetic testing is delivered almost exclusively in out-patient healthcare
- outpatient healthcare is dominated by private practice, contracted (long-term) by the social insurance system
- small contribution by polyclinics in University and other hospitals
- some hospital departments or doctors have short-term contracts with the social insurance system.

## Germany

- compulsory health insurance (CHI)
- insurance premia fixed percentage of income
- income threshold → opt-out → private insurance (10%)
- components of CHI in out-patient care:
  - Physicians: *providers*
  - Krankenkassen (sickness funds, “health insurance”): *payers*
  - Kassenärztliche Vereinigungen (associations of CHI physicians): *distributors*

Note: Both: statutory bodies with self administration, as such part of the public authority, i.e. both regulated by law, and by virtue of their statutes, law-makers

## Within the German framework of healthcare

- decision making processes up to the individual physician
- decisions based on state of the art (everybody entitled to such treatment)
- not clear if (all) predictive tests are covered in a legal sense
- no definition of prior risk levels (two notable exceptions)
- on paper: no prioritisation, no rationing
- measures must be medically necessary = "indicated" = "sufficient, appropriate and economic" (SGB V)

Priorisation – level of prior risk

Two formal "legally binding" guidelines:

- exclusion of CF in offspring of men with CBAVD (~ 2%)
- eligibility for BRCA predictive testing if risk  $\geq$  20%

note: no maternal age cut-off for prenatal karyotyping

- financing of out-patient healthcare based on a fee schedule
- in the case of genetic testing services: method-orientated (comparable to the US Medicare/Medicaid system).

-fee schedule based on a floating point value system (a few exceptions in EURO).

-e.g. PCR 625 points, DNA-Sequencing 2810 points

- point value oscillates (three-monthly) depending on regional gross turnover of all healthcare services; currently about 0.03 EUR

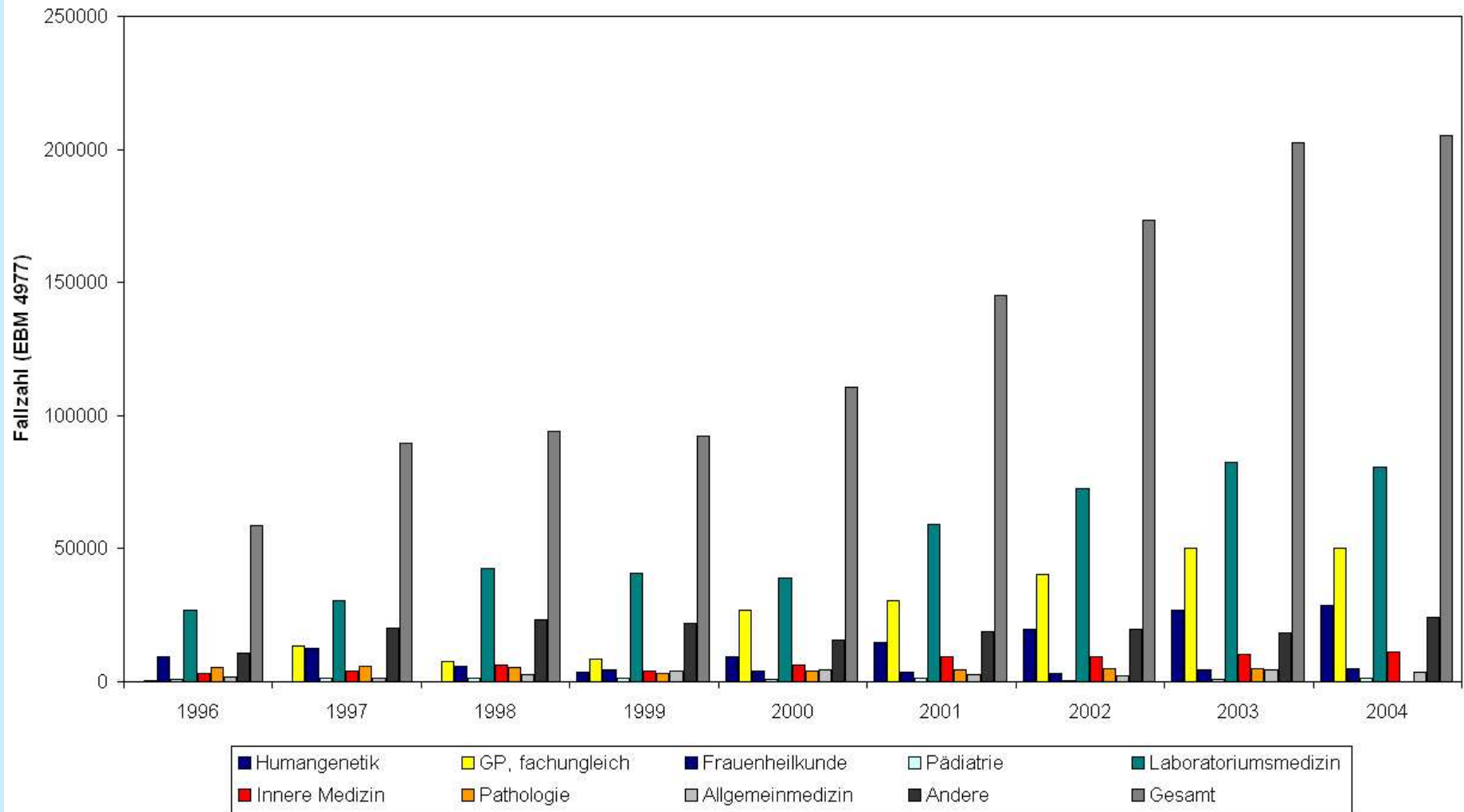
Example: FBN1-Sequencing  $(625+2810) \times 66 \times 0.03 = \text{EUR } 6801.30$   
(USA: 3200; int. commercial: EUR 1300)

- floating point value: optimal system to facilitate introduction of new services due to scientific progress
- translating research into practice: a process dominated by professional self-regulation

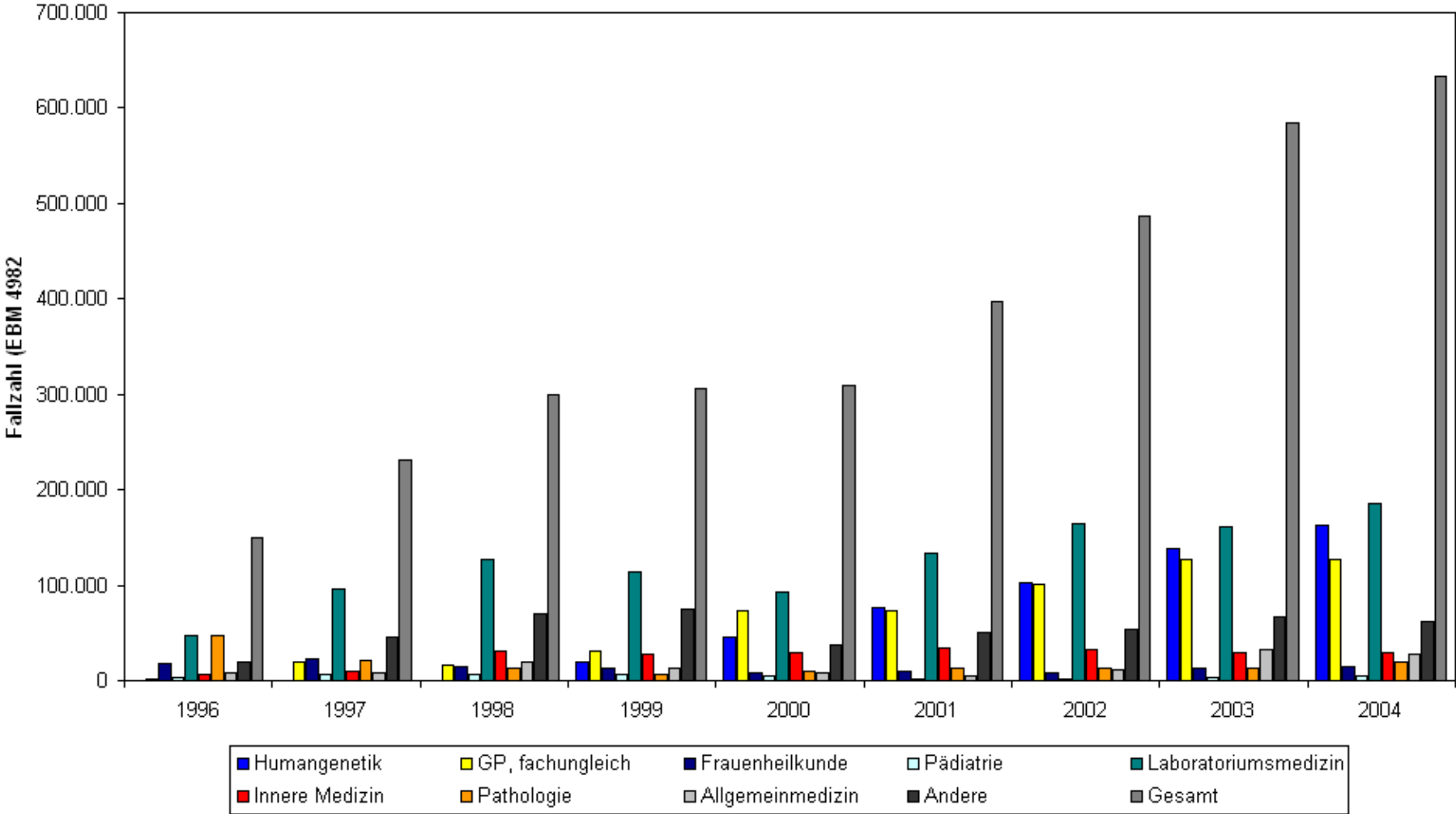
Example:

- in Germany, genetic testing absorbs 0.07% of total healthcare expenditure
- assumption: 10fold increase -> point value from 0.03 EUR to 0.029811 EUR (hardly felt by other specialties)

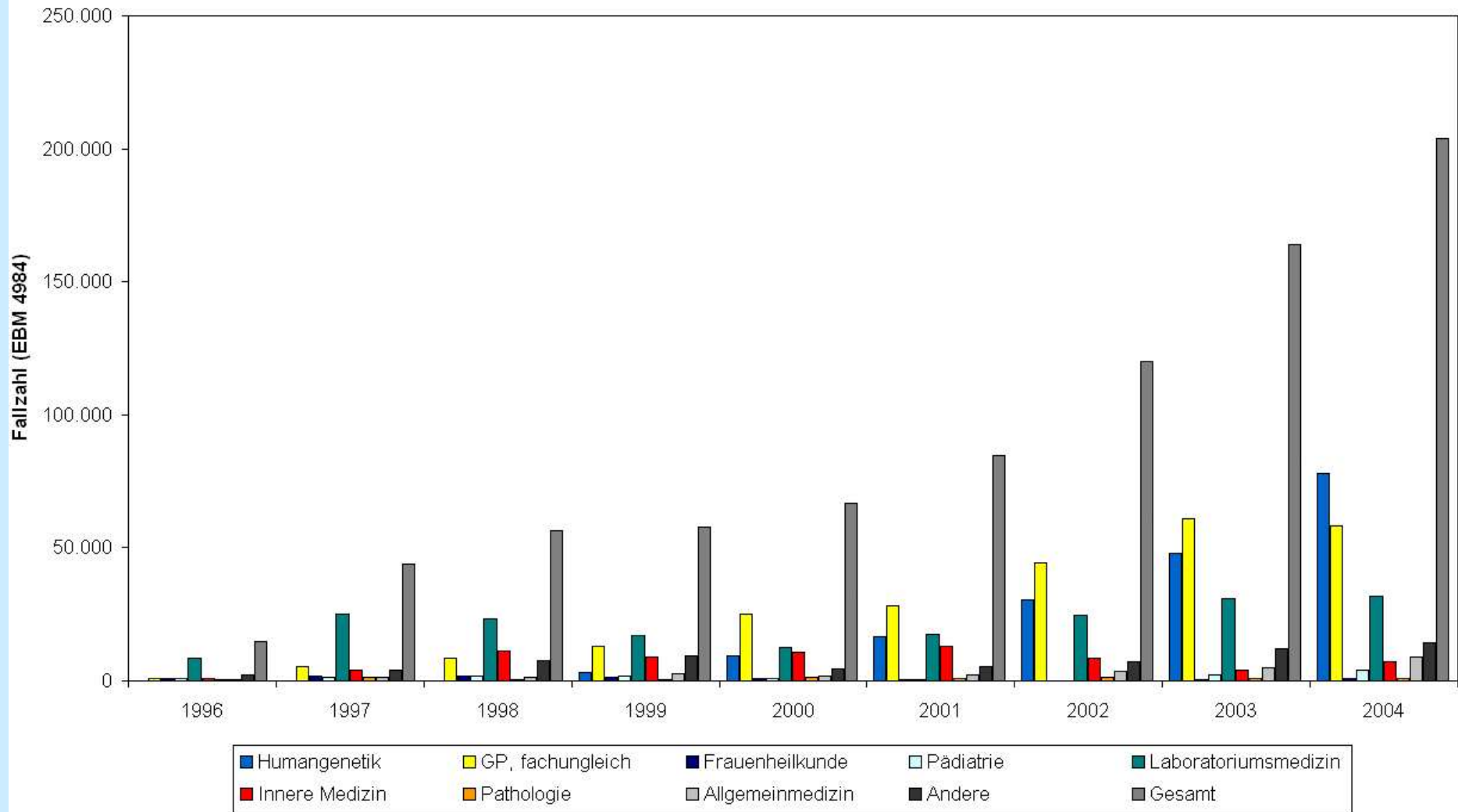
## Entwicklung der DNA Gewinnung aus menschlichen Geweben zwischen 1996 und 2004



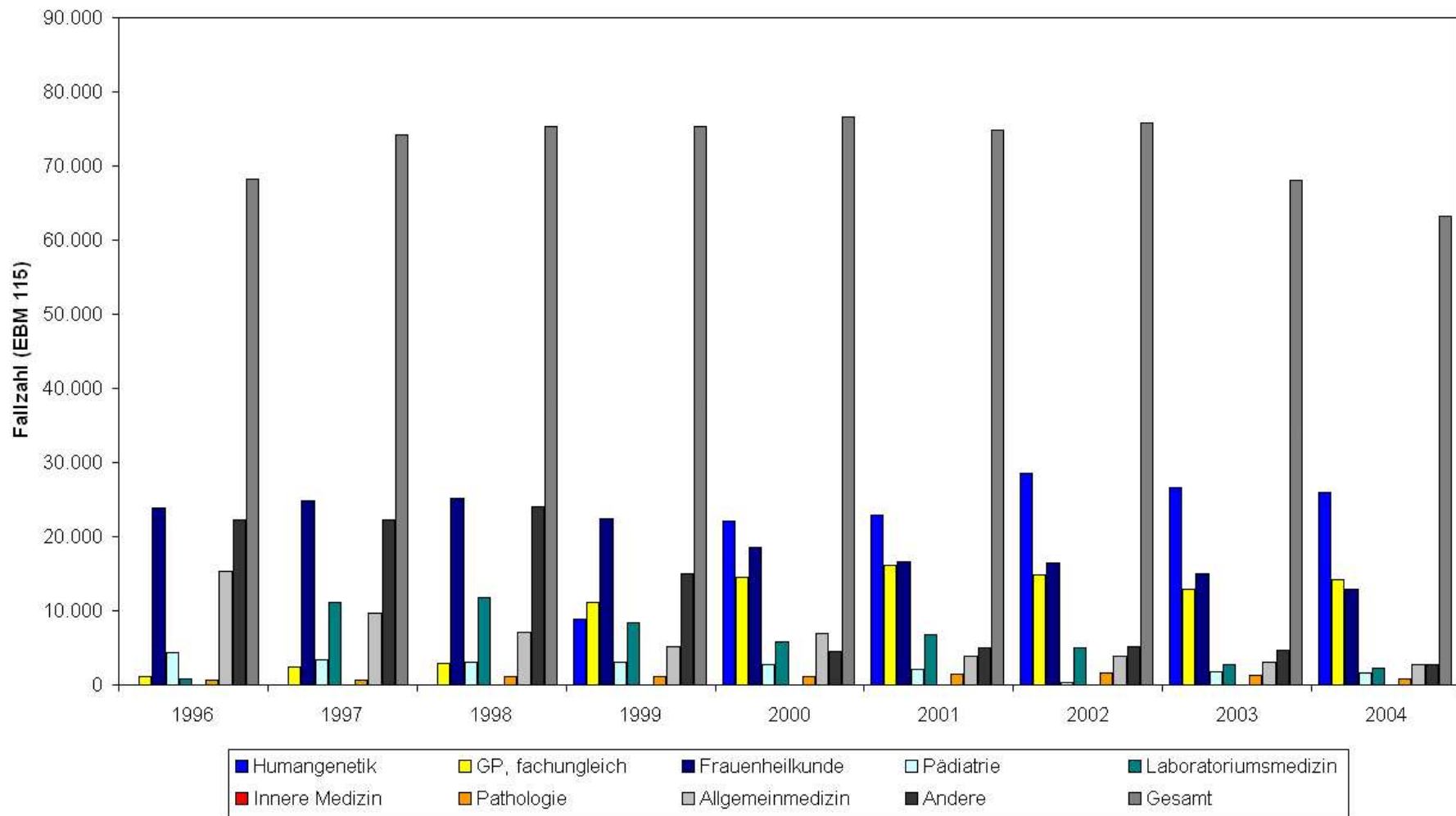
Entwicklung der Anwendung der Polymerase-Kettenreaktion (PCR) von 1996 bis 2004



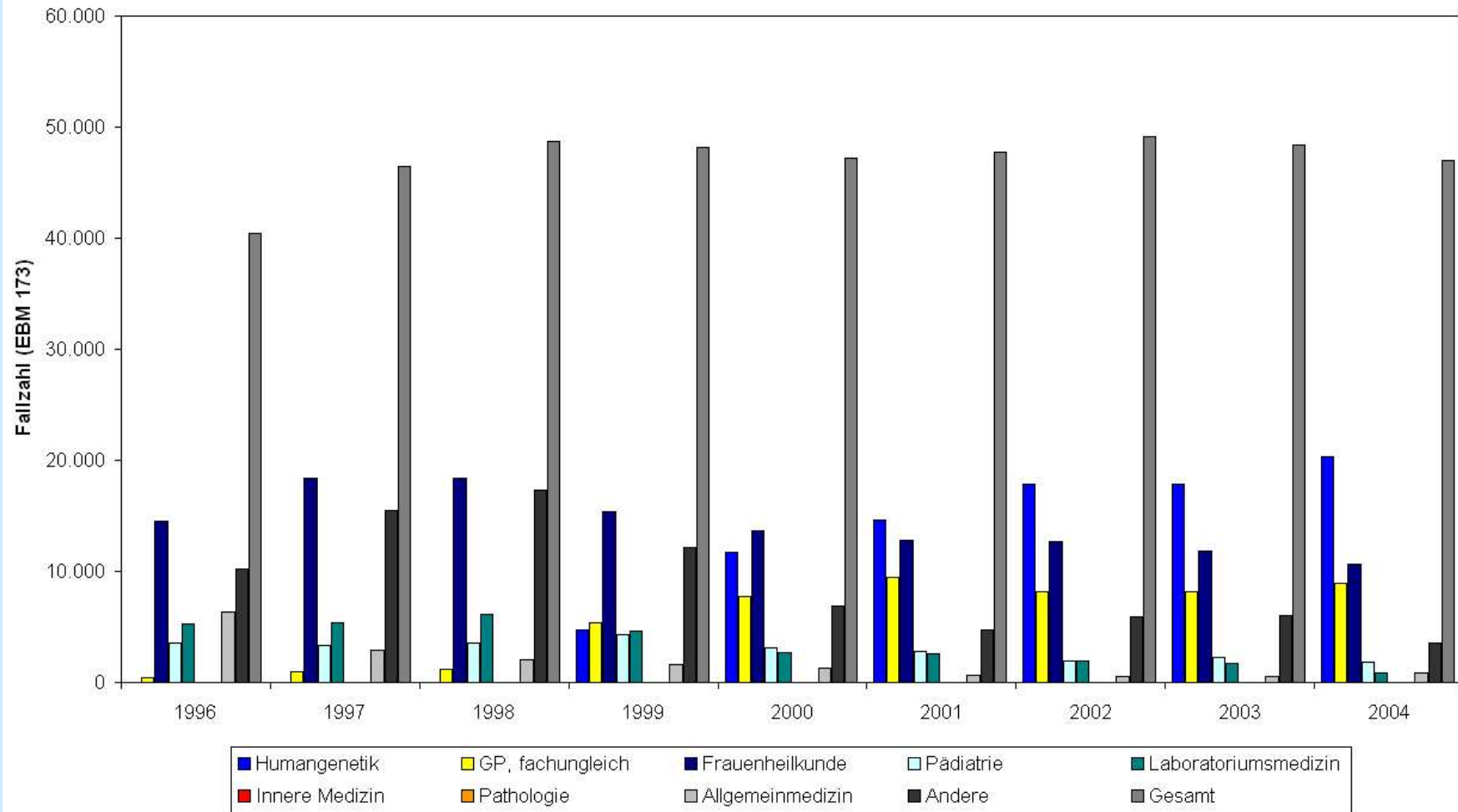
## Entwicklung der Anwendung der DNA Sequenzierung von 1996 bis 2004



### Entwicklung der Anwendung der vorgeburtlichen Chromosomenanalyse von 1996 bis 2004



## Entwicklung der Inanspruchnahme genetischer Beratungen von 1996 bis 2004



- **3330 (+1998 suspected) clinical entities are due to the malfunction of a single gene**
- **Molecular basis identified in 2107 (63.3%) disorders**  
*(OMIM May 4th, 2007)*
- **6-8% of the EU population are affected by one of these conditions** *(WHO Report on Priority Medicines for Europe and the World, 2004)*
- **A huge, and steadily rising potential for genetic testing – An enormous challenge for health care services**

## Germany

Thus, in view of such long term developments or sudden changes in more costly areas (e.g. drug prescription, organ transplantation), limitations are being set, e.g.

- limited total point volume per practice
  - limited point volume per patient,
  - limited number of patients
- 
- type of budgeting varies between regions
  - some institutions are exempt from any such limitations (e.g. short-term contracts with hospital doctors or departments).

Widespread dissatisfaction with floating point volume system:

- non-predictability of income,
- varying monetary value of doctor's work hour.

As of (probably) 2009

- fee schedule in fixed EUR
- consequently, expansions of some services on the cost of others no longer possible
- only way to expand is by increasing insurance premium, which is, however restricted by national policy
- therefore, much stricter budgeting rules are becoming inevitable.

At the level of fee schedule:

- oversight by the social insurance system over expenditure based on morbidity figures
- → reimbursement based on average cost per case or family

Two already existing alternatives to the "old" system will win the race:

- "Out-patient care in the hospital" (Ambulante Behandlung im Krankenhaus, §116b SGBV)

- based on special contracts between particular hospitals and CHI
- no restrictions as in "open system"
- already in place for three rare diseases (CF, Marfan, haemophilia)

- "Integrated Care" (Integrierte Versorgung, §140a ff SGBV)

- based on special contracts between selected health care provider and CHI
- no restrictions as in "open system"
- already in place for BRCA1/2 testing, and, very recently for HNPCA

→ Both initiatives may be understood as steps towards implementing reference centers for rare diseases (BRCA, HNPCA by definition), as recommended by the EU Rare Diseases Task Force

## Plans:

- status report „Familial bowel cancer in Germany“
  - evaluate biomedical state-of-the-art
  - collect existing guidelines (e.g. BÄK-Richtlinien)
  - collect other sources of regulation
  - follow work and development of existing HNPPC-consortium (participants, structure, function)
  - evaluate state of health care in Germany as compared to international status
  - evaluate status of health care at Hannover Medical School and other regional hospitals, out-patient care, including family approach
- monitor strategic development in Germany, Hannover in particular
- monitor specialist training
- monitor CME activities
- monitor public education

Plans – in a wider perspective:

Clinical genetics community (German Society of Human Genetics) responds to developments within (priorisation needs) and outside (EUROGENTEST) the system:

Guidelines to define

- clinical validity of genetic testing
- clinical utility of genetic testing

in the following settings

- diagnostic
- predictive
- pre-reproductive
- prenatal

for top 100 of genetic diagnostic hit list